

# WHAT YOU NEED TO KNOW ABOUT DISASTER PREPAREDNESS

Being prepared for the worse-case scenario is essential for you and your family's well-being during a natural disaster. Look at the essential items you should include in your family's preparedness kit.

ANATOMY OF YOUR



PREPAREDNESS KIT



- 1 WATER**  
One gallon per person, 3-day supply
- 2 FLASHLIGHT + BATTERIES**  
LED-powered flashlight
- 3 EMERGENCY RADIO**  
Battery-powered NOAA Weather Radio
- 4 FOOD SUPPLY**  
3-day supply of non-perishable food
- 5 FIRST AID + MEDICATION**  
7-day supply of medications
- 6 WHISTLE**  
Include a whistle to signal for help

- 7 SANITATION**  
Anti-bacterial hand sanitizer
- 8 IDENTIFICATION**  
Copies of personal documents
- 9 CELLPHONE + CHARGER**  
A back up charger is important
- 10 MONEY**  
Extra stash of bills and coins
- 11 EMERGENCY BLANKET**  
For added warmth
- 12 MAP**  
State and local map for planning escape

## PREPAREDNESS TIPS FOR EMERGENCIES



Create an action plan so that everybody is aware of the evacuation strategy at hand.



Know how to turn off your home's gas, water, and electricity.



Install a backup generator for power outages.



Protect important items in a crush-proof and water resistant hard case.