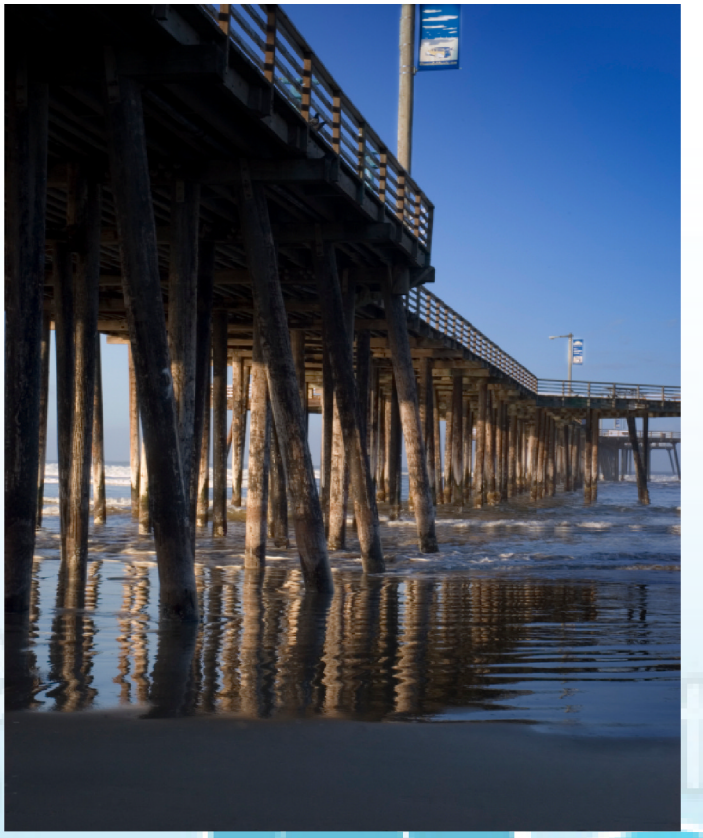
LIFEGUARD ON DUTY

While Pismo Beach is open to the public 365 days a year, Lifeguards staff 5 towers, a patrolling truck and a rescue watercraft (RWC) beginning Memorial Day weekend and continuing through Labor Day weekend. Lifeguards are on duty between the hours of 10am and 6pm. Typical staffing consists of tower guards, a lead guard, and up to 2 support guards who assist in performing rescues and interacting with beach patrons. At least one EMT Lifeguard is on duty at all times. On holidays or events, additional staffing may occur.

Flags

When Lifeguards are on duty, colored flags hang from each tower. In general:

- Water conditions are good.
- Caution should be exercised.
- High risks are present.
- Dangerous marine life has been spotted within the past 5 days.



Safety Tips

The following are guidelines everyone should follow to have a safe and fun day at the beach:

1. Swim near a Lifeguard.
2. Be aware of buried coals, glass, and other hazards.
3. Surf with a leash, or boogieboard with fins.
4. Wear sunscreen, and drink plenty of water.

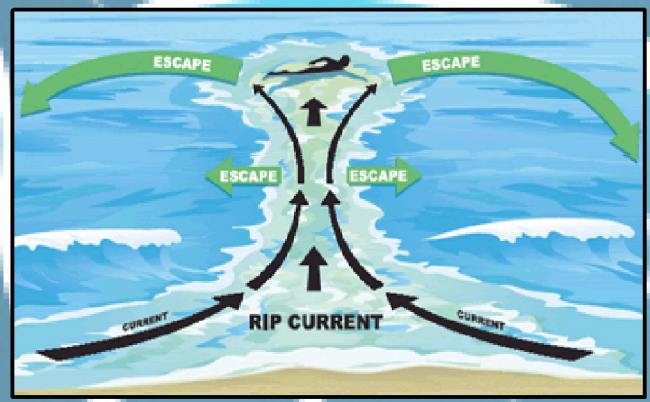
Rip Currents

Here at Pismo Beach, the possibility of Rip Currents occuring is present. A Rip Current is a strong movement of water that carries with it sand, debris, and sometimes swimmers, away from the beach and out to the ocean. The United States Lifesaving Association attributes approximately 80% of all nation-wide surf rescues to rip currents.

It is important to remember that a Rip Current will pull a swimmer away from shore, but will NOT pull a swimmer under water.

If you are caught in a Rip Current...

1. Stay Calm!
2. Swim Parallel to shore (with the beach, not towards it), and then swim in.



Marine Life

The ocean is home to an array of creatures. We hope that during your stay you will be fortunate enough to safely experience the marine life here in Pismo Beach!

Sea Lions and Seals are common visitors to our sandy shores & waters. They are curious creatures, but please keep your distance as they can bite!





In most cases **jellyfish** on the beach aren't alive, but their tenticles may still provide a painful sting. Talk with a lifeguard if you are stung by a jellyfish.

Barnacles cling to the pier pilings and rocks. Their edges are extremely sharp and can cause injury...just one reason why we keep patrons away from these hazards.



While **Seagulls, Pelicans and other birds** might be entertaining, **don't feed them please**. We want them to stay healthy!



Beach Policies

Because Pismo Beach is designated as a safety zone and play area, the following are prohibited on the beach & pier:

- Vehicles
- Open Fires
- Glass
- Alcohol
- Smoking
- Jumping/diving from the pier
- Public Nudity
- Fishing without a license
- Hole digging
- Feeding birds
- Dogs off a leash
- Fireworks
- Horses & Livestock

Clamming in Pismo Beach is allowed, with the following guidelines:

-Clams must measure 4.5 inches in Diameter to be taken.

-A Saltwater Fishing License is required

-Clams may be taken during daylight hours only

- Maximum 10 clams per person

Beach & Safety Guide

In the Event of an Emergency, call 9-1-1 from any phone. Tell the dispacher that you are in Pismo Beach, and do your best to identify a landmark. If on the beach, attempt to signal a lifeguard.

Sponsored by Pismo Beach Lifeguards